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Assessment of the endometrial microbiome to improve the reproductive outcome of infertile patients



Genoma

# The importance of assessing the endometrial microbiome

The balance of bacteria in the endometrium is a key factor for successful embryo implantation. In normal conditions, in the endometrium are mainly present different bacterial species of the Lactobacillus genus. The presence of dysbiotic or pathogenic bacteria may alter the endometrial microbiome and can disrupt the uterine environment, causing **implantation failure and pregnancy loss**<sup>1</sup>.



#### Pathogenic bacteria

Staphylococcus, Streptococcus, Enterococcus, Mycoplasma, Ureaplasma, Enterobacteria (Escherichia, Klebsiella), Chlamydia and Neisseria.

These bacteria cause infection, which is linked to implantation failure and recurrent miscarriage





Dysbiotic bacteria

Bifidobacterium, Prevotella, Sneathia, Atopobium, Veillonella...

Microbial imbalance is linked to embryo implantation failure



### Optimal microbiome

Lactobacillus

A balanced microbiome improves the reproductive prognosis, resulting in increased chance of pregnancy and live births The most prominent example of a pathology caused by an altered endometrial microbiota is **chronic endometritis (CE)**. CE is characterized by the persistent inflammation of the endometrial mucosa, caused by the presence of bacterial pathogens in the uterine cavity. Because CE is usually asymptomatic and undetectable through vaginal ultrasound, it is often overlooked. The prevalence of CE in infertile patients has been estimated to be approximately 39%; it has been reported as high as 60% and 66% in patients with recurrent pregnancy loss (RPL) and repeated implantation failure (RIF), respectively<sup>2-3</sup>.



2) Cicinelli et al. Reprod Sci 2014; 21(5):640-7.
3) Cicinelli et al. Hum Reprod, 2015; 30(2):323-30.





#### A new dimension of endometrial assessment that may improve your patient's reproductive outcome



is a screening test that evaluates the endometrial microbiome, to improve clinical management of infertile patients.

**Endometriome**<sup>™</sup> test provides a complete view of the endometrial bacterial composition, reporting the most represented bacteria in the endometrium, as well as identifying the 8 most common pathogens causing chronic endometritis (CE).

Endometriome™ test can determine whether the uterine microbial environment is optimal for embryo implantation. Depending on the results, the physician may recommend embryo transfer to restore an optimal microbiome.

Endometriome<sup>™</sup> test also detects chronic endometritis causing bacteria and helps clinicians to recommend appropriate antibiotic and probiotic treatments.



**Endometriome**<sup>™</sup> can determine the percentage of lactobacillus present in the endometrium, to improve the patient's reproductive outcome.

Endometriome<sup>™</sup> will determine whether the uterine microbial environment is optimal or not for embryo implantation.

**Endometriome**<sup>TM</sup> also detects the most common pathogenic bacteria causing endometritis.

# Indications for testing

# Methodology

#### Endometriome<sup>™</sup> test uses the latest Next Generation Sequencing (NGS) technology to determine the complete endometrial microbiome profile from endometrial tissue or endometrial fluid. It also provides information on the detection and percentage of specific bacteria causing CE.

The technology is based on DNA extraction followed by amplification and barcoded sequencing of **7 hypervariable regions** (V2, V3, V4, V6, V7, V8, and V9) of the **bacterial 16S ribosomal RNA** (rRNA) gene <sup>4-5</sup>.

This bacterial gene, conserved in all bacteria, presents nine variable regions with species-specific DNA sequences. This enables the taxonomic assignment and relative quantification of each bacteria present in a sample.

4) Franasiak et al. J Assist Reprod Genet 2016:33:129–136. 5) Tao et al. Hum Microbiome J 2017:3:15-21.

## **Endometriome**<sup>™</sup>

#### test may be beneficial for:



**Patients** with Recurrent Pregnancy Loss (RPL) 0



# How Endometriome<sup>™</sup> works

Endometriome" TEST REQUIRES ONLY A SMALL ENDOMETRIAL SAMPLE



1. Endometrial Sample (tissue biopsy or endometrial fluid)



2. DNA Extraction



3. Next Generation Sequencing (NGS) analysis



4. The report provides information on the endometrial microbiome



5. Embryo transfer into a favorable microbiome

Samples

Report

Endometriome<sup>™</sup> test can be performed from a small endometrial biopsy or endometrial fluid.

**Endometriome**<sup>™</sup> test can be performed between days 15 and 25 of the natural cycle, or during the uterine secretory phase in a HRT cycle.

The **Endometriome**<sup>™</sup> test report will provide information about the overall microbial environment of the uterine cavity. It includes:

- sample.
- detected in the endometrial sample.
- abnormal.
- spp, and Ureaplasma spp).
- and Neisseria spp).

• Percentage of Lactobacilli in the endometrial

• Percentages of the most represented bacteria

• Whether the endometrial microbiome is **normal** or

• Detection and percentages of specific bacteria causing CE (Enterococcus spp., Enterobacteriaceae, Streptococcus spp., Staphylococcus spp., Mycoplasma

• Detection and percentages of pathogens associated with sexually transmitted infections (Chlamydia

## Understanding Endometriome™ results



#### **POSITIVE RESULTS**

Identification of dysbiotic or pathogenic bacteria, with a **non-Lactobacillus dominated (<90%)** endometrial microbiota. Detection of specific bacteria causing CE (*Enterococcus spp., Enterobacteriaceae, Streptococcus spp., Staphylococcus spp., Mycoplasma spp, and Ureaplasma spp)* or pathogens associated with **sexually transmitted infections** (*Chlamydia and Neisseria spp*)

This test results is significantly correlated with **adverse reproductive outcomes** (reduced implantation rate and increased miscarriage rate).



#### **NEGATIVE RESULTS**

The endometrial microbiome is **normal (Lactobacillus dominated endometrium**, with high percentage of Lactobacilli, ≥90%),



# **5 EASY STEPS**

#### Order the Endometriome<sup>™</sup> shipping kit

uired <b>TRF</b> information and enclose <b>Insent signed</b> from the patient
ple (endometrial biopsy or endo-
e to Genoma Lab
in as little as <b>10 days</b>



#### advanced molecular diagnostics solutions in reproductive genetics using state-of-the art technologies



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